

Dismantling the “Diseases” Myth

If you do a quick search on the web, the for-profit medical industrial complex will tell you there are over 100,000 different diseases; more than 7,000 rare diseases. Different websites will give you different numbers but the consensus is the same. Lots and lots of different diseases that you need to fear. “Diseases” that only the profit-hungry medical system from which can “save” you. Never fear, all these scary “diseases” will be conquered with their magic potions (better known as poisons) as long as you keep giving them more money for “research”.

A non-itchy detox rash is one disease (skin removing toxins from the body)

An itchy detox rash is another disease (also skin removing toxins from the body)

An itchy detox rash and fever is yet another disease (again the skin removing toxins while the body uses heat to also burn off toxins)

A fever and cough is one disease (heat to burn off waste, expulsion symptom to remove)

A fever with diarrhea a different disease (and again heat to burn off waste, expulsion symptom to remove)

A cough with sore throat is another (expulsion symptom, inflammation to protect the cells)

STOP THE INSANITY! There is only ONE disease 🤦

Yes, Just ONE !! Just 1 single disease: Acidosis/Toxemia.

An over-acid state of the body caused by backed-up waste. A constipated state of the body where acids are trapped in and around cells leading to dysfunction of those cells.

So why does it matter if we think there are One Thousand, Ten Thousand or One Hundred Thousand Diseases when we know that there is only ONE disease?

Because with 100,000 diseases we can pretend that there are 100,000 causes and 100,000 magic pills to magically fix the mystery disease.

Because if you can put a label on 3 symptoms then you can legally sell a poison to “treat” those symptoms.

Because if you can put a label on a patient you can take away their power to heal themselves.

And if you can take away their power, then you can make a lot of money off of them.

But as soon as you can understand that there is only ONE disease and out of that one disease are a wide variety of symptoms depending on where in the body the disease is expressing AND what stage (how dirty the terrain is) the body is currently in then you can understand how easy it is to heal yourself. And we cannot have that because then how would they make money off you?

When we understand the Terrain Model, we can understand that as the Terrain gets dirtier the symptoms progress.

Just like if your house gets cluttered and dirty. First you may just have a few pieces of clothing strewn around the floor. Then maybe some boxes pile up. Then you stop washing the floors. Then roaches come in, or flies. Then rats and mice. Various stages of dirty lead to different symptoms. Various stages of dirty in different rooms look different. Laundry spilling out of the laundry basket in the bedroom is a different thing from trash spilling out of the trash can in the kitchen.

But they both have the same CAUSE and the effect can be remedied by REMOVAL OF CAUSE. They both got that way by too much waste coming in and not enough going out.

And they are both remedied by cleaning the Terrain.

When we understand Terrain Model, we can look at Cause and Effect. We can say, we know there is only one disease and it manifests in different symptoms, so if I want to fix my current disease label all I need to do is clean my terrain by returning to the biologically appropriate diet for my species and eliminating as much as possible any sources of toxins being put in and on my body. Remove the CAUSE and the problem reverses course.

But for profit medicine NEVER looks at CAUSE. They never try to solve a problem by identifying and removing the cause of the problem. They just try to mask the symptoms of the problem by applying various toxins to overwhelm the detox processes and trap waste inside.

They prefer to say skin detox symptom A is caused by X, usually a “germ”, Skin Detox Symptom B is caused by Y, maybe this one is a “parasite” and Skin Detox Symptom C is a mystery cause, no microscopic critters to blame and to apply poisons to kill them.

But what if Skin Detox Symptoms A, B & C are all just the body pushing out waste just like it is designed to do? Nope, that's way too simple and empowering. Way too logical. That traces cause and effect. That follows the laws of nature. So clearly it must be wrong.

One disease, Toxemia/Acidosis manifests into thousands of different symptoms. These symptoms are of two different types.

The first type is the expulsion symptom. These are used when waste levels first become overwhelming to the body. When the normal elimination channels become backed up, either because of dry sticky mucus gumming up the works or simply based on an excessive amount of acids coming in (like a high protein diet) or taking drugs. Depending on the nerve energy the

body has available to it these symptoms can range from coughing, sneezing or “flu”, to acne, skin rashes/eruptions, diarrhea, vomiting, etc. anything that is pushing waste out of the various elimination channels. These are your expulsion symptoms and they are the first warning signs of disease building within.

The second stage is the disease-building stage. There are 7 levels to disease. When the body is unable to eliminate waste fast enough, or when the expulsion symptoms are stopped with “remedies” then chronic disease starts to build. The acid level in the body becomes greater than the body can eliminate and then the body must switch over into protective modes like inflammation and pain. If we continually suppress the inflammation and the pain or leave the cause unaddressed then eventually we reach the stages of ulceration, induration and then the final stage is Cancer.

Once we reach that 7th stage it becomes very difficult to heal because the body has been so drained of nerve energy and is in such a toxic state that sometimes the damage may be irreparable.

The good news is, that we never need to reach those higher disease states if we are just willing to listen to our bodies and heed the warnings when our body speaks to us. If we are getting those colds and flus, let them flow but also address the diet so you can start alleviating the burden on the body. If you are no longer getting those colds and flus but have moved on to inflammation, lumps, bumps, growths, pains, joint damage, itching, swelling of the hands or feet, headaches or any level of chronic disease then it is time to get the Terrain Clean yesterday.

Get to work right away on correcting the dietary indiscretions and getting those acids out before it is too late.

Eat Fruit and Be Well My Friends!